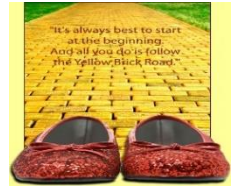


Colorado Amaranth Newsletter

NOVEMBER 2021



COURT	DATE and TIME	MEETING TYPE	PRACTICE / MEAL / OTHER
Liberty Court No. 1 350 S. Broadway Denver	Thursday NOVEMBER 11, 2021 7:30 PM	Initiation MEETING	RSVP – HL Nancy Pot luck Dinner – 6:15
Pikes Peak Court No. 20 1150 Panorama Drive Colorado Springs	Saturday NOVEMBER 13, 2021 7:00 PM	REGULAR MEETING	RSVP – HL Jacqué
Laurel Court No. 16 18275 Furrow Road Monument	Saturday NOVEMBER 13, 2021 1:00 PM	REGULAR MEETING	Open House 3:00 PM RSVP to HL Brandi
Violett Court No. 22 126 Broadway Pueblo	Friday NOVEMBER 19, 2021 7:30 PM	Grand Royal Matron Grand Royal Patron OFFICIAL VISIT	Dinner – 6:00 RSVP – HL LYNN
Faith Court No. 18 2532 9th Avenue Greeley	Saturday NOVEMBER 20, 2021 7:30 PM	Grand Royal Matron Grand Royal Patron OFFICIAL VISIT	
Friendship Court No. 7 400 10th Street Golden	Tuesday NOVEMBER 23, 2021 7:30 PM	REGULAR MEETING	DINNER at 6:15 RSVP – HL Drina
Edgewater Court No. 14 8185 Bradburn Drive Westminster	Friday NOVEMBER 26, 2021 7:30 PM	REGULAR MEETING	DINNER at 6:15 RSVP – HL Drina

ANNOUNCEMENTS

***The Pearls* Associate Matrons – Associate Patrons**

You are invited to " PEARLS " Meeting: Sunday, November 14th @ 2 P.M. Denney's at 6th and Simms.
Please R.S.V.P. to Mary Keithline or Lula Ellsworth. Thank you.

***The Flying Monkeys* - Conductresses Associate Conductresses**

Pies and Wreaths are still available. Pie orders will be taken until Nov. 10th.

The Final wreath order goes in November 1st.

HL Laura needs the final Wreath orders by Oct. 31st.

Conductress – Associate Conductress meeting Nov 29th, 7pm on Zoom.

Please RSVP for all meetings and activities!

SUBORDINATE COURT NEWS

LIBERTY Court No. 1: Meeting November 11, 2021: meeting at 7:30, . Potluck at 6:15 p.m. Hope you all can make it, please RSVP to me (Nancy) for the potluck. **WE WILL** have initiation!

Illness and Distress: S.K. Mark Ellsworth has been in the hospital since October 14th and is improving. He was able to stand with assistance on Thursday, October 20. H.L. Joanne had pneumonia and spent a few days in the hospital, S.K. Jim Handy has had a bad cold and both of them are improving but staying home. We hope that S.K. Mark and the Handy's are back with us soon.

Happiness: H.L. Megan Merrick has a new job. H. L. Pat Heckman is doing well and hopes to be at our meeting in November. H.L. Mary and S.K. Rusty enjoyed their trip to Las Vegas. GRP Jim Miles will be celebrating 45 years as an Order of the Eastern Star member on November 11th! Congratulations GRP Jim!! H.L.Jill Quedenfeld has turned her kitchen into a pie shop.

FRIENDSHIP Court No. 7: Regular Meeting November 23 @ 7:30 PM. Dinner at 6:15. RSVP to Drina Johnson.

Courtroom setup at 5:30. If you can help in the smallest way it is appreciated. Get Well wishes to our members not feeling well. Happy Anniversary & Happy Birthday to those celebrating this month.

With illness & members out of town we were not able to get a quorum for October's meeting. Hopefully we will have everyone back this month & get back on schedule. Start looking for your ugly sweater for the December meeting. That should be quite a fashion show!

Illness and Distress: HL JoAnne Handy was in the hospital with pneumonia after receiving her 3rd COVID vaccination. SK Jim Handy had a severe respiratory infection at the same time. Both are slowly recovering. HL Sarah Jensen also had a severe respiratory infection and strep throat after receiving her 3rd COVID vaccination. HL Colleen Lloyd tripped and fell while taking her daily walk, chipping her collar bone. She is in a shoulder support sling. HL Lindy Wazny continues to improve at home. She continues to isolate at home as much as possible. HL Sharon Sage spent 4 days in the hospital and rehab. She will be living with her son in Aurora. HL Earlene Williamson continues with rehab to improve walking. She is on oxygen 24/7. Says she is doing OK. HL Drina Johnson is sharing pictures of her newest great granddaughter – a very proud grandmother! HL Melinda Medrick Nye is “holding in there”, continuing with health issues – R/T, MS and cataracts. HL Joanne Lerud-Heck is facing possible repeat of knee surgery for floating patella. HL Kim Scott is scheduled for knee replacement surgery in December. SK John and HL Kris Johnson escaped the eastern coast hurricanes and high waters. He says the Appalachian mountains protected them from the storms. HL Pat Ogden celebrated her 98th birthday in September. She continues to send cards for Friendship Court. The recipients really enjoy the remembrances. HL Mary Monson is back in California with her mother. She says they have not been affected by the fires. HL Deanna Rice had leg vein surgery and is improving with exercise. HL Lelia Emry is feeling much better: fever, episodes of extreme fatigue and shortness of breath with low pulse. She is again able to work many hours at the consistory. HL Betsy Emry had good news from her eye doctor. She is not in danger of blindness from diabetes at this time! (Thanks for the updates, HL.Lelia)

See you on the 23rd of November!

EDGEWATER Court No. 14: Regular Meeting Friday November 26, 2021 7:30 PM Dinner 6:15 pm RSVP - H.L. Drina Well, we have officially finished our obligations of special meetings for the year, but you'all must keep coming and visiting, so nice to see everyone. I would like to extend a big THANK YOU to everyone who attended and participated at our All Courts Night in October.

HAPPINESS - I know there are anniversaries and birthday's this month so wishing all many happy day's ahead.

ILLNESS - Well, this list just keeps on getting longer, please healing thoughts and prayers to the following: S.K. Rick Brown-Jones, H.L. Julie McLean (Mother), H.L. Sharon Sage, H.L. Colleen Lloyd, S.K. Dana Fairchild and S.K. Ken & H.L. Marge Jacobsen and I'm sure there are others that I have not heard from or about - Get Well Wishes to All who are ill.

HAPPY THANKSGIVING TO ALL!

LAUREL Court No. 16 Regular meeting Saturday, November 13, 2021 - 1:00 PM at the Masonic Temple in Monument, Colorado. If you plan to attend, we would appreciate protem officers if you would like to volunteer!

an Open House will follow the meeting for the members and families from Centurion Lodge in hopes for them to get to know what the Order of the Amaranth is about and meet our members and get acquainted better. We plan to serve a

meal following the meeting and reservations are a MUST! Please make you reservations for the meal with HL Sheryl Wilson at 719-269-3240 or HL Brandi Long at 719-651-9696

HAPPINESS: We would like to send Happy Anniversary wishes to HL Peggy and SK Bud Hoff 11/24!
HL Sheryl Wilson is doing better and would like to thank the Amaranth members for calls and cards following her shoulder surgery. We would like to wish everyone a **Happy & Blessed Thanksgiving!**

ILLNESS: We have not had any illnesses reported and hope everyone stays healthy and happy.

FAITH Court No. 18: Official Visit of the Grand Royal Matron And Grand Royal Patron November 20, 2021

7:30 p.m. Refreshments following meal.

HAPPINESS: All our members have been pretty healthy. H.L. Deanie Graham is back in her assisted living apt.

PIKES Peak Court No. 20 Regular meeting Saturday, November 13, 2021 7:00 PM NOTE DATE CHANGE! : Remember that our November meeting is on the second Saturday! It is a regular meeting, but we will be balloting on the petition we received at our October meeting.

HAPPINESS: Happiness: We were happy to have SK Art & HL Linda at our October meeting, as well as our newest member, HL Jennifer! SK Dick Marsh is improving – he is now calling HL Nola by name. HL Karen Wagner visited North Carolina Grand Court as Colorado’s Grand Representative. HL Aggie Shryack had a good trip to the Supreme Beauceant session. HL Karen & SK Carl Wagner’s granddaughter eloped earlier this year. Happy Birthday & Happy Anniversary to all of our members celebrating in November! Please take at least a moment to remember our veterans on Veteran’s Day and have a very Happy Thanksgiving!

ILLNESS & DISTRESS: None reported to the RM.

VIOLETT Court No. 22: Friday November 19, 2021. Official Visit of the Grand Royal Matron And Grand Royal Patron.

We will have a dinner at 6 PM with our meeting at 7:30 PM. RSVP to HL Lynn by the 13th if you plan to come for the dinner and this includes the members of Violet Court. We will be electing a new Associate Matron at our next meeting and doing installation of same.

The Grand Court Illness/Updated report: HL Pam Bottolfson

Liberty Court #1: H.L. Megan Merrick is having some back problems and finding it difficult to get around. H.L. Wanda McClune will be having 19 radiation treatments. H.L. Joanne Handy was in the hospital as of Oct. 6th with pneumonia and has been released. S.K. Jim Handy has a cold. S.K. Mark Ellsworth is having seizures and not able to see, keep S.K. Mark and H.L. Lula Ellsworth in your prayers.

Friendship Court #7 H.L. Sharon Sage was in the hospital, and as of Friday, Oct. 8th released from rehab. She is now living with her son Daryl in Aurora. H.L. Colleen Lloyd fell walking to Walgreens and chipped her collar bone on her left side and had a large knot beneath her eye. Did not break her glasses though.

Edgewater Court #14: Keep S.K. Ken and H.L. Marjorie Jacobsen in your thoughts as they are going through tough health issues. S.K. Rick Brown Jones is doing better right now. H.L. Mary Kelley-Anderle fell earlier in August and was able to be at Edgewater’s meeting in September because of this.

Laurel Court #16: H.L. Sheryl Wilson will be having reverse shoulder surgery on October 12th. H.L. Brandi Long found more water in her kitchen again and found she needed to replace her garbage disposal.

Faith Court #18: H.L. Deanie Graham is in hospice and bed ridden. S.K. Jerry and H.L. Pam Parks son in law, H.L. Anita Zamarripa’s husband Tony passed away due to COVID complications leaving three daughters.

Pikes Peak Court #20: H.L. Karen Wagner is going to Grand Court in North Carolina and will meet her grand daughter’s new husband for the first time. H.L. Karen is also having a bit of a cold and was unable to attend Laurel’s court meeting.

Violet Court #22: H.L. Ruth Howard is scheduled for a knee replacement Oct. 28th. H.L. Maggie Neilson’s Mother has passed away and they were extremely close.

Please keep each member in your prayers for healing and the families for those that have passed.

ADDRESS AND PHONE NUMBER CHANGES:

VIOLETT COURT No. 22	VIOLETT COURT No. 22	
HL Vickie Reynolds	HL Maggie Nelson	
5490 Passport View	4147 Outlook Blvd. Unit F	
Colorado Springs, 80922-3282	Pueblo CO 81008	
Phone # 719-648-5396		

A MESSAGE FROM HL BRANDI - Grand Royal Matron

Dear Honored Ladies and Sir Knights,

Gratitude can transform common days into thanksgivings, turn routine jobs into joy, and change ordinary opportunities into blessings.

Remember Daylight saving time ends November 7th, 2021

Check List

1. **Change Batteries in Smoke Detectors and Carbon Monoxide Detectors**
2. **Throw out old and expired medications and update medication list**
3. **Change Furnace filters**
4. **Change out and restock 1st aid kits in house and cars**
5. **Update emergency contact list**
6. **Plan for the cold weather, allowing more time for travel and dress warm.**



I hope to see everyone join us on our journey down the yellow brick road as we visit Violet Court No. 22 on Friday November 19th, 2021, and then around the bend at Faith Court No. 18 on Saturday November 20th, 2021.

To those in uniform serving today and those who have served in the past, to the families that serve beside them both near and far, we honor you today on this Veteran's Day and every day! May God bless you one and all.

May your heart and mind be open to accept the Blessings that are yet to come.

Amaranth Love and Hugs,
H.L. Brandi Long

**Remember to get your RSVP for the Christmas Party to H.L. Brandi Long
Sunday December 5, 2021 at 1:00 pm The Old Spaghetti Factory**



A MESSAGE FROM SK JIM - Grand Royal Patron

Thanksgiving is a national holiday celebrated on the fourth Thursday of November in the United States. There are also Thanksgiving days celebrated on various dates in Canada, Grenada, Saint Lucia and Liberia. Thanksgiving began as a day of giving thanks and sacrifice for the blessing of the harvest of the preceding year. Although, Thanksgiving has historical roots in religious and cultural traditions, it has been celebrated as a secular holiday as well. The 1621 Plymouth feast and thanksgiving was prompted by a good harvest. The Pilgrims celebrated this with Native Americans, who had helped them get through the previous winter by giving them food in that time of scarcity. The Macy's Thanksgiving Day Parade which began in 1924 has become a favorite American Thanksgiving tradition and ushers in the Christmas Season. In 1939 the Tin Man made his first appearance in the Macy's Parade in the form of a giant balloon, likely to promote the film, The Wizard of Oz. In 2013 a hot air balloon that featured the four main characters on each side of the balloon and then below the balloon a basket which held the Wizard of Oz himself was featured.

Unfortunately, this balloon only appeared in 2013, but the Balloonheads were used again for the 2014 parade.

Happy Veteran's Day to our Veterans on November 11. We are thankful for your service and dedication.

We will be having two Official Visits of the Grand Royal Matron this month. Friday, November 19, 2021 we will be at Violet Court #22 in Pueblo and then the next night, Saturday, November 20, 2021 we will be at Faith Court #18 in Greeley. If you can attend either or both meetings, we would sure like to see you.

Thank you to HL Pat Hayter and her committee for an excellent Philanthropic Dinner. For those who did not attend you missed a delicious meal and a fun time. Thanks again HL Pat for all of your hard work on this dinner. I am looking forward to seeing you on the Yellow Brick Road as we continue our journey in the Land of Oz.

I wish you all a Happy Thanksgiving!

SK Jim Miles, GRP

THANK YOU!!

The Philanthropic Committee would like to thank those who took the time to support this project. We had a good time, good food, activities, and silent auction. If you were unable to attend, donations would greatly be appreciated.

Thank you to my helpers, SK Ken, HLs Patti, Cindi, Kris, Beverly, and Marilyn.

Commitment in Leadership to the Order and to its members

Leadership isn't about you; it is about the direction you are leading people towards. If you can't be fully invested in that destination, you may be in the wrong place.

As a leader you are the face of your organization to those you lead. If you guide people to understand the mission and purpose of your organization they will invest their time, talent, and heart into their work, and if they don't see it from you as a leader, how can you expect them to know your intended direction?

You as the leader must be able to communicate your mission and purpose clearly, but it is far more important that people see you living it first.

As always, people watch your actions, more than listen to what you have to say. If you want more commitment from your team, start with yourself.

If you aren't fully committed to your organization, ask yourself what you could do to change that. If you don't believe you can, you owe it to yourself, your team, and the organization to find someplace else to lead.

This isn't just sound-good, feel-good advice from me – there is an organizational responsibility to be a great steward for our order.

Be present, be supportive, be committed to the Organization. Remember as a leader your job is to be available.



This year has been full of ups and downs. We've stood together on the peaks of high mountains, and the depths of low valleys. We are so thankful to have been there with you for those times.

Happy Thanksgiving!

Thanksgiving is full of beautiful memories spent with our families. Our friendship has been close like family, but better. We can't choose which family we are born into, but we choose who walks along life's journey with us. Those we choose are called friends, but they should be called our chosen family.

So, this Thanksgiving, my friend, you are part of our Amaranth family. WE wish you and your loved ones a wonderful Thanksgiving!

Submit any items for the **DECEMBER** newsletter to HL Cindi– allac2016@gmail.com **by NOVEMBER 25, 2021**

NOVEMBER IS

NATIONAL
DIABETES
AWARENESS
MONTH

World Diabetes Day was created in 1991 by IDF and the World Health Organization to respond to growing concerns over an alarming rise of diabetes cases. The purpose of this day is to raise awareness of a condition that millions of people all around the world live with every day.

Diabetes is a chronic disease in which the body cannot produce enough insulin to control glucose levels. There are two kinds of diabetes, Type 1 requires daily administration with injection or pump; while type 2 can be managed by maintaining a good diet and in some people, medication can be required.

It's very important that people with diabetes maintain good control of their condition to help reduce and avoid long term complications. There have been huge advances in this area over recent years. However, it is vitally important that development work continues, to ensure people with the condition can live as normal a life as possible.

The Staggering Costs of Diabetes

GROWING EPIDEMIC

Diabetes affects
30 million
children and adults
in the U.S.



That's
1 in 11
Americans.



84 million Americans
have prediabetes and are at risk
for developing type 2 diabetes.
**90% of them don't know
they have it.**



Every **21 seconds**
someone in the
U.S. is diagnosed
with diabetes.

HUMAN COSTS

African Americans and
Hispanics are over
50%
more likely to have diabetes
than non-Hispanic whites.

People with diabetes are at higher risk of serious health complications:



STROKE



BLINDNESS



KIDNEY
DISEASE



HEART
DISEASE



LOSS OF
TOES, FEET,
OR LEGS

ECONOMIC COSTS



The total cost of diabetes
and prediabetes in the U.S. is
\$322 billion.



The average price of
insulin increased nearly **3x**
between 2002 and 2013.



People with diabetes have
health care costs
2.3x greater
than those
without diabetes.

Learn more at diabetes.org

 **American
Diabetes
Association.**

Grand Court of Colorado Christmas Party



SUNDAY DECEMBER 5, 2021
1:00 pm – 4:00 pm

The Old Spaghetti Factory
9145 Sheridan Blvd
Westminster, CO 80031

#1 Meat Lover's Treat

Sicilian Meatballs, Italian Sausage and Spaghetti with Rich Meat sauce.

#2 Fettuccine Alfredo

Fettuccine noodles in a butter cream sauce with shredded Romano cheese

#3 Our Famous Baked Lasagna

Layers of noodles, Marinara sauce, ground beef and pork,
and four delicious cheeses.

All meals served with a crisp salad, hot fresh baked bread,
and our signature spumoni ice cream for dessert

RSVP By: Sunday November 28, 2021

RSVP To: H.L. Brandi Long GRM

Saidyp1@msn.com

Or

719-651-9696 Call or Text

For **EACH** person attending I will need

Name: First & Last

Meal Option: #1 #2 #3

